

Course Pre-requisites

- 16 years+
- Working With Children Check
- SLSA Membership
- Bronze Medallion (for water-based disciplines)

Step 1: Decide what category of Coaching you would like to undertake

Foundation Coach

The Foundation Coach is designed as an introduction to coaching for Juniors 6-10 years of age. e.g. Nipper Assistant Coach/Age Manager

Development Coach

The Development Coach is designed for coaches who are training squads and teaching discipline specific skills eg Board or Swim Coach for Junior, Youth and Senior athletes.

Performance Coach

The Performance Coach course has been created to provide coaches with the knowledge and skills to effectively plan and deliver discipline specific coaching sessions with a particular focus on athlete performance.

Costs: Foundation Coach Course \$80.00 Development Coach Course \$120.00 Performance Coach Course \$180.00



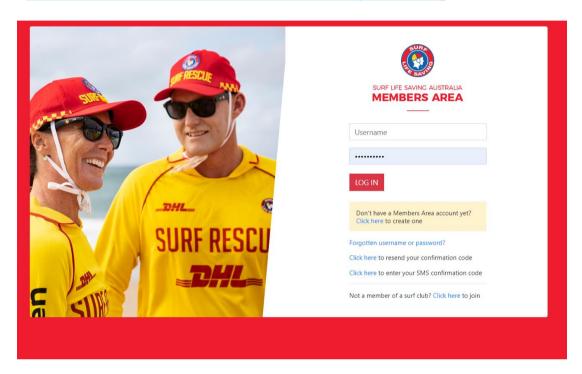


Step 2: Log on to the SLSA Members Area to start the online modules

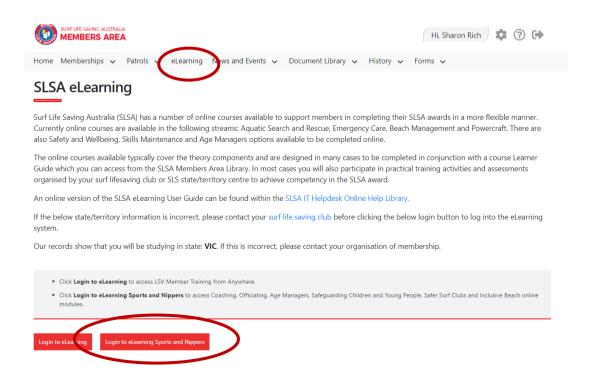
To access the Technical Coaches online course/s, simply follow the steps below:

1. To begin an accredited course/s, you will need to have a Members Portal account. (To create or visit your account go to:

https://members.sls.com.au/SLSA_Online/modules/login/index.php)

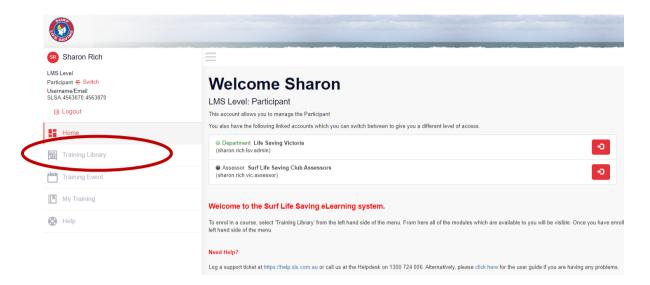


2. When you have logged in, select 'eLearning' from the top menu and then 'Login to eLearning Sports & Nippers'.

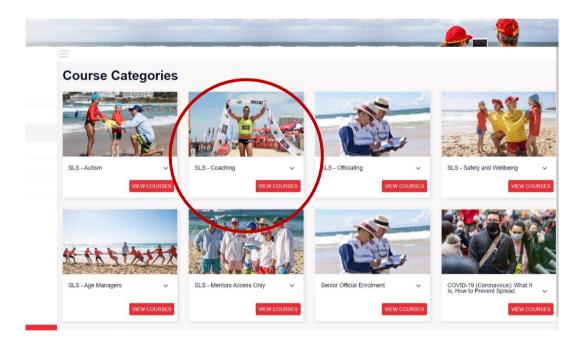




3. From the Welcome Screen select "Training Library" (if you are logging in for the first time you will need to accept the Terms and Conditions).

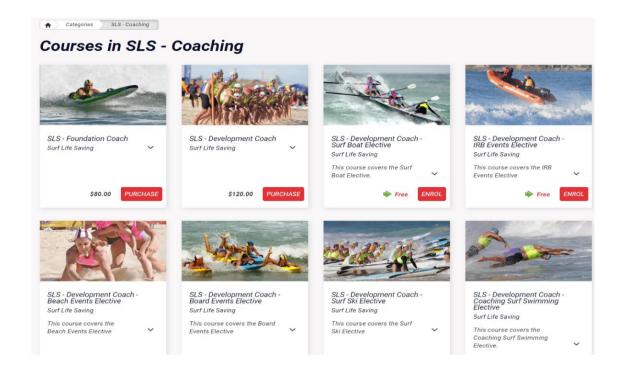


4. From the Training Library Screen select "SLS - Coaching"



5. Select the Coaching Course you want to do (Foundation/Development). If you are a Development Coach and you want to upskill to Performance Coach – you need to select "SLS – Performance Coach Enrolment".

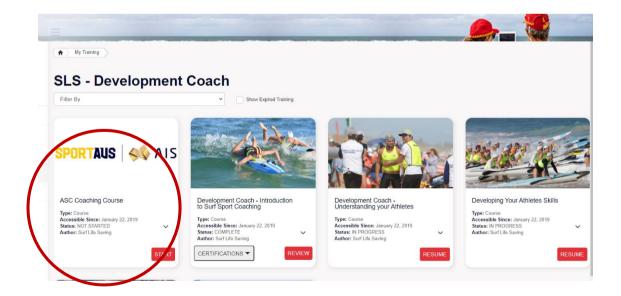




Step 3: Complete all the online modules relevant to the Coaching Course

Module 1: ASC Coaching General Principles

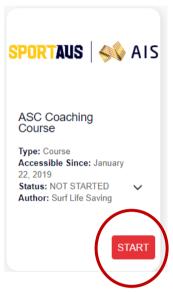
Australian Sports Commission Course – Community Coaching General Principles
The first module in all Coaching course/s is the Australian Sports Commission Community
Coaching General Principles. This is a prerequisite for the coaches' courses.





To Access:

Click Start

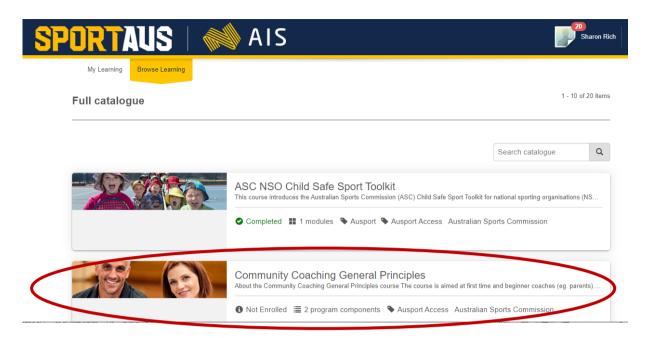


- Click on View Slides
- · Click on Start



- Click on the link this will take you the Australian Sports Commission portal to access the course. You will be asked to set up a log in and password.
 (https://learning.ausport.gov.au/auth/login/?returnUrl=%2F)
- Login
- Browse "My Learning"
- Select Community Coaching General Principles



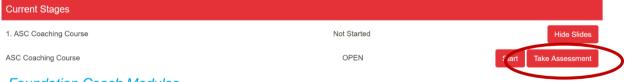


· Launch the course and complete

IMPORTANT - PLEASE READ:

- When you have finished the ASC Coaching Course you will be allocated a certificate.
- You must enter your certificate details (e.g. date finalised) by:
 - Going back into the ASC Coaching Course Module on the SLSA Members Portal
 - Select "Start"
 - Select "View Slides"
 - Select "Take Assessment" & enter details
- If certificate details are not added online, the theory course will not be accredited to your Surfguard record.

After module 1 is completed. Work through the other SLSA Coaching Modules listed below (Foundation or Development).



Foundation Coach Modules

Module 2: Introduction to Surf Sports Coaching

Module 3: Time to Coach

Development Coach Modules

Module 2: Introduction to Surf Sports Coaching

Module 3: Understanding Your Athletes Module 4 Developing Your Athletes Skills

Module 5: Developing Your Athlete's Physical Capabilities

Module 6: Managing Your Surf Sport Coaching Program



You will be asked to download assessment tasks after completing the modules. These must be completed and emailed to sport@lsv.com.au

If you are working through the Development Coach Accreditation, you must select your Elective Module/s for Development Coach (from Training Library).

CORE SPECIFIC MODULES - DEVELOPMENT COACH		
Beach	Swim	Ski
Board	IRB	Surf Boats
Pool Rescue	Lifesaving	

There will be further modules available in the following disciplines shortly (R&R & Ironman).

Step 4: Complete the ASADA Level 1 Anti-Doping Course (for Development Coach) and ASADA Level 2 Anti-Doping Course (Performance Coach)

Select "Training Library" whilst in SLSA Members Portal Select SLS – Coaching Select ASADA Level 1 Course Select Enrol Start the Course

When you have finished the ASADA Level 1 course you will be allocated a certificate. You will need to enter your certificate details. Go back into the course select "Start" – Select "View Slides" and Select "Take Assessment". Enter details, i.e. date of course & completion code.



You will need to register for access to the course (no fee).

Once you have completed the course, print out the course completion certificate. Please email to sport@lsv.com.au

Step 5: Organise a face to face Practical Assessment with a qualified Coach Assessor

Speak to your club representative of LSV Aquatic Sport to organise.

This is where you will carry out a practical training session and be assessed by an assessor. All theoretical components must be completed prior to the practical assessment.



Step 6: Accreditation

Submit **all documentation** to LSV (all Certificates and Assessment documents) via email sport@lsv.com.au or post. Once you have successfully completed your assessment and all requirements associated with the module, LSV will process your accreditation and upgrade your qualifications on Surfguard.

PERFORMANCE COACH

Once you have progressed through the Coaches pathway and have been a Development Coach for a period of time you may choose to continue through to a Performance Coach. **Performance Coach** is designed for coaches transitioning into a structured coaching environment and looking to coach high performance programs.

Please contact LSV Aquatic Sport (sport@lsv.com.au) if you are interested in working towards a Performance Coach.



FAQ's

Is Foundation Coach a pre-requisite for Development Coach?

How long does the Foundation Coach/Development Coach accreditation last for? All courses are accredited for 4 years. You must reaccredit within 48 months.

How long will it take for me to complete the course?

Each online learning module is designed to take approximately 30 minutes.

The duration of the face-to-face is dependent on each assessor. Each elective will have its own face-to-face component.

How much does it cost? How do I pay?

Foundation Coach \$80.00

Development Coach \$120.00

Performance Coach \$180.00

Payment is made through the SLSA gateway when you register for the online course. Payment can be made with credit/debit card only. There is no extra cost for each discipline

I've got to the last slide, however it won't let me complete the course.

Make sure that you have opened every slide in the course and that you have completed all the questions.

I am a surf boat sweep, what course must I complete?

There are two steps Surf Sweep Accreditation (Levels S1, S2 and S3) and Coaching Accreditation (as above) and both can be completed concurrently.

As a surf boat sweep, in order to be a S2 sweep, you must have enrolled in the Development Coach Modules 1-6 and be enrolled in the Dev Coach – Surf Boat elective. To progress to S3, you must have completed all modules as well as the elective.

IMPORTANT LINKS:

The SLSA Coach Development Framework

SLSA Australian Surf Sports Manual

<u>Australian Sports Commission Learning Portal</u>

SLSA Coaching Resources

LSV Coaching Resources

Foundation Coach Fact Sheet

Development Coach Fact Sheet

SLSA Members Portal